

Annual Report 2015/2016

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Mission and Strategic Pillars

Mission An Australia Free of Suicide



We are making a difference















Message from the Chair

In an ideal world, Lifeline would not be needed. You may have noticed that we do not live in an ideal world. In 2015 calls to Lifeline across Australia were in excess of 1 million. The demand for our support continues to rise from people who feel they have no-one to talk to. Loneliness and isolation continues to blight our communities no matter how civilised and connected we think we are. Today Lifeline has the same goal that it had over 53 years ago. We still want to be there to support a person in crisis, but it seems to be a Sisyphean task when the statistics tell us that suicide and the contributing causes of despair are on the rise. So why do we persist? I think the answer comes from an old saying; it is better to light a candle than curse the darkness.

Lifeline Northern Beaches is a very fortunate organisation. It attracts wonderful people who volunteer to support their community and they do it with energy, humour and genuine commitment. In the commercial world, large companies try to find out the motivational secrets behind the 'volunteer mindset.' If only we could bottle some of what we have at LLNB and sell it on.

Lifeline also has incredibly committed paid staff that will do everything to make each dollar count and stay focussed on our purpose. The Retail and Book Fair results have been extraordinary this year and reports of a noticeable rise in the quality of donations has been reported. Training continues to supply a capable pipeline of volunteers and lift the community's ability to respond to a crisis. Jo Paterson and her team have achieved this while raising revenue. Donna Favaloro and Glenice Bland were both honoured by the Rotary organisation for their work and contribution to the community. Board members were present to see Donna and Glenice accept these awards and praise their teams in moving speeches.

David Thomas commenced in the CEO role in March and we welcome David and appreciate the great work he is doing. Innovative approaches to fundraising and grant applications have been developed with a new team. Lifeline Australia also has a new and entrepreneurial CEO in Pete Shmigel and we have been consulted and kept abreast of changes that will improve the service and the way the operation is run.

There have been some recent changes in the Board membership in the past 12 months. Bruce Miller left at the end of 2015 after twenty years of service to Lifeline. Bruce was replaced by Bob Talas, who has also taken on the Company Secretary role. Bob will be familiar to many volunteers for his work as a TCS and in the provision of training. Robyn Stubbs brought an extensive background in retail when she joined the Board earlier this year and Ian Farmer recently joined the Board, bringing a wealth of experience in accounting and management.

At this AGM we say goodbye and a sincere thank you to Barry Williams who has been a Board member since 2007 and served as Chair from 2008 to 2015. We also farewell and thank David Hunter who has served nine years on the Board and will continue to be an active member of the Book team. Sue Saunders will be replacing Barry as a Uniting Church appointee after the AGM. Sue is a member of the teaching staff at Mackellar Girls' School and lives in the Balgowlah community. Familiar faces remaining are Dee Robbins as Deputy Chair, Roger Gray as Treasurer, Brian Lees and the Reverend John Barker.

Thank you to the generous service groups that support us year after year. Thank you to the businesses that provide us with subsidies, donations and pro bono assistance.

Thank you to every volunteer, employee, board or committee member. You have all made Lifeline Northern Beaches such a strong provider of hope and comfort in the community and enable this organisation to keep lighting the candles.

Cheryl Walmsley Chair

Message from the CEO

The financial year of 2016 has ended on an optimistic note for Lifeline Northern Beaches. Both our retail operation and book fairs have experienced improved revenue growth in the latter half of the year together with an increased demand in training services, which has helped deliver a strong surplus. In light of the good fortune of the financial turnaround it is important not to lose sight of what we are here for and that is an Australia free of suicide.

It has been an honor to take on the role of CEO and to pick up from the good work of my predecessor, Cate Sinclair. The role is proving challenging yet rewarding, exciting and satisfying. Yes we have much to do and in light of the suicide statistics released by the ABS this year, more than we have ever had. It appears the increasing suicide rates are not just limited to Australia but a global crisis with most Western countries recording increases in suicide rates. In light of this trend we have increased our call shift times and expanding our pre and post operative care services. Our recently completed strategic plan revolves around a building of our operational platform to strengthen and improve our community service offering with regard to telephone crisis support and counseling services.

On a national level there are some innovative developments such as the crisis support text service, which aims to provide a more direct crisis solution for our youth. On a local level our new Accidental Counselor training sessions have been designed to provide what I believe as essential first aid training for schools, corporates and the general public. Introduced recently these are proving useful and popular for our community.

At this point it is important to recognize the wonderful effort of all of our volunteers, you truly are 'Australia's Angels'. For all you both the Board and myself can't thank you enough - without you there indeed would be no Lifeline. What you are brilliant at is love, kindness and connection and this is what is helping save lives - you know it, we know it and we thank you for it.

Whilst I am ever optimistic about the year ahead, we still need quality clothing donations; still need volunteers for our late shifts and the statistics continue to move in an opposing direction. The challenge continues but it is important to note that you have helped make a difference this year and together we will continue our efforts to provide the help that would have otherwise not been available. Once again I thank for your support and look forward to the challenges of 2017.

David Thomas CEO



Mufti for your Mates

This new initiative aims to encourage our high school students to throw a "goldie" in the tin and go Mufti for your Mates to help raise much needed funds for support services to help students and adults talk about, recognise and manage stress. While there is no set day to hold a Mufti for Your Mates we will be largely promoting the event around October each year, as part of Mental Health Month.

With more than 10,000 high school students from Kirribilli to Palm Beach it not only has fantastic fundraising potential but allows Lifeline Northern Beaches to continue working with our local community health partners and schools to develop campaigns designed to de-stigmatize mental health and increase awareness of some of the danger signs with an emphasis on prevention as best cure.

Accidental Counseller

The Accidental Counsellor program was launched this year . It has proven popular and draws on the expertise of our organisation's proven crisis handling skills and presents them in a four hour workshop. The program equips people to RECOGNISE when others are struggling, to RESPOND appropriately with confidence, and to REFER them to the best place for help.

Spotlight on our Volunteers Australia's Angels

Lifeline

A heartfelt thanks to all our volunteer's – without you there would be no Lifelineyou are clearly 'Australia's Angels' . From taking crisis support calls on the frontline to packing the shelves for our book fairs to helping out in our shops to assisting us behind the scenes in everything you do ...we salute you and thank you !

....you are clearly 'Australia's Angels'

Telephone Crisis Support

Our Vision An Australia free of suicide

Lifeline's vision is an Australia free of suicide. There has been an increase in the suicide rate in our country with eight Australians dying from suicide every day. The impact on the community is immense as the effect of suicide ripples out through family, friends, work mates and neighbours.

Last year our centre answered 62, 066 calls for help. Crisis supporters checked the safety of all help seekers to enable them to discuss the taboo subject of suicide. The callers presenting crisis include domestic violence, self-harm and children at risk with suicide the main issue of calls. The shift supervisors worked with the crisis supporters to facilitate a safe outcome for these callers. One of the highest indicators of risk of suicide is a past attempt – with a number of callers indicating they had previously attempted suicide.

Our work could not be achieved without the generosity, dedication and commitment of our volunteers and paid work force. They are able to continue this challenging work through ongoing training together with coaching, debriefing, supervision and support from their supervisors. The immediate help provided by Lifeline Crisis Supporters is a vital step in the systems approach to suicide prevention and essential in achieving an Australia free of suicide.

Donna Favaloro

Telephone Crisis Support Manager

Community Visitors Scheme (CVS)





Volunteer Team



The Philosophy of the CVS program is to enrich the quality of life of residents of Residential Aged Care Facilities who are socially isolated, lonely, or decline to join in activities at the facility and would benefit from a regular fortnightly visit. We visit facilities from Manly to Collaroy. The program is funded by the Commonwealth Department of Health for 42 visitors.

Currently we have 34 women, 12 men, five boys, one girl and ...two dogs visiting. The children visit with their mother and the two dogs with their owners. For ten months of the year we organise monthly meetings for the volunteers to attend, providing a guest speaker covering relevant topics relating to the residents' health & disability needs.

I take this opportunity to thank Dana for her weekly time in the office & all our volunteers, for their commitment to their Friend during the past year & the support given by the Lifeline staff.

Helen Pook & Lyndall Calcraft, Coordinators

To **enrich the quality of life** of residents of Residential Aged Care Facilities

Face to Face Counselling

Lifeline Northern Beaches Inc offers individual, couple and group sessions. Our face to face counselling service operates seven days a week, both during and after office hours thanks to our qualified face to face counsellors who give their time so generously and make this worthwhile low cost service possible. The majority of our qualified counsellors are volunteers keen to support our community. Promotional materials have recently been developed and banners are being used to help increase the public's awareness of our face to face services.

During the past year we have facilitated New Parents groups at the Kirribilli Neighbourhood Centre. We ran a Men's Anger, Suicide Bereavement, Depression, Anxiety, groups at our centre. A Community Forum was held at Freshwater Surf Lifesaving Club to assist and support the Community following the deaths of three



young Northern Beaches people in a car accident. We have been working on establishing a psychology clinic and now have three psychologists who are able to see clients.

Due to the ongoing support from the Kirribilli Neighbourhood Centre we are able to counsel Lifeline individual clients from there one day a week.



Age profile of consumers:

Of those who attended face to face sessions:



Lifeline Northern Beaches Inc has continued to work with the Beach School to offer greater support to assist the school community in catering more effectively for the mental health and wellbeing needs of the school community. To this end we have placed a provisional psychologist at the school who provides counselling services to students and families at the Beach School.

Thanks so much to volunteer Anca Sava who has again compiled the statistics for the face to face counselling service this year.

Kathi Pauncz

Counselling Psychologist Counselling Manager



Reasons why people have sought counselling are as follows:

		%	No of Sessions
	Suicide	1%	8
	Adjustment & Loss 6	%	56
	Family and Relationship	33%	317
	Behaviour Problems	7%	66
	Problem gambling 3	%	27
	Health & Disability	24%	239
	Abuse, Anger & Violence	18%	178
	Practical help 0	.08	2
	Self & Society 8	%	78
	Total	100%	971

Today Lifeline has the same goal that it had over 53 years ago

We still want to be there to support a person in crisis



Training

This year we have trained approximately 90 new students to swell the ranks of our dedicated Telephone Crisis Supporters who are working toward our Australia wide mission of an Australia free of suicide.

Further work in the area of suicide intervention is being done through the course 'Accidental Counsellor', a four hour session we are delivering here at Balgowlah. This course is available to anyone and everyone. Over the course of this year we have delivered this to a number of schools in the area and finding it answers a need they have identified with regard to youth suicide. To quote Sue Kydd Principal of The Beaches School "All teachers should do this course, it is brilliant".

Other training we deliver includes ASIST (Applied Suicide Intervention Skills Training), Mental Health First Aid and DV (Domestic Violence) – alert.



All of the above is achieved by an ever expanding team of professionally qualified and skilled trainers without whom none of this would be possible.

Jo Paterson Training Manager

Financial Counselling



The Financial Counselling Service has been busy with an increase in new clients with referrals from Community Agencies, Manly Hospital Kedesh Rehabilitation Centre, Financial Rights Legal Centre, Financial Counselling Association and the Lifeline Website.

We have two Volunteers Sarah Day and Marinella Mendez (who has just completed the Diploma in Social Welfare Financial Counselling). All Financial Counsellors are now required to have a Diploma in Social Welfare Financial Counselling to work as a Financial Counsellor and be a member of Financial Counselling Australia.

As a team we have seen many clients with issues ranging from homelessness to Small Business difficulties and closures and bankruptcy. We have had lots of "wins" for our clients with many debts being written off (some over \$100,000) by Creditors. Clients present with high anxiety and many have suicidal thoughts. I have had a number of clients who were a high suicide risk. Their financial problems were a trigger.

The amazing Lifeline office staff and Crisis Support Team were able to help keep these clients safe whilst we were in intervention such as calling the Manly Mental Health team and organising face to face counselling. Once they could see a way forward in their financial situation they were relieved and able to move on to the next step in their lives. Unfortunately this is a trend we are noticing with our clients due to the current economic situation and housing affordability/rental on the Northern Beaches.

Looking forward I am writing a program on financial counselling to present to groups and I am currently organising one with Manly Hospital East Wing Drop in Centre. I have also completed Problem Gambling Counselling Training and I am now a qualified Financial/Gambling Counsellor. I am hope to offer this service to the Community once Lifeline receives funding from the Government.

Debbie Christov Financial Counsellor This financial year, calls to Lifeline across Australia were close to **1** Million

Our Committees

Finance Committee

The finance committee of the board reviews and monitors the current and future financial, investment and risk management of LLNB. The committee supports the full Board in fulfilling its financial reporting, investment, risk management and property oversight role.

Governance Committee

The Governance committee is responsible for governance matters for Lifeline Northern Beaches in accordance with the appropriate ASX regulations and this past financial year was in line with the boards efficient operations.

Your Board



Cheryl Walmsley Chair



Roger Gray Treasurer



Bob Talas Secretary



Reverend John Barker Board Member

John is a Minister for the Northern Beaches Uniting Churches (which includes Balgowlah and Manly), and has held that role since early 2014. John also sits on the local board of *StreetWork* Northern Beaches (an outreach and mentoring programs for at-risk youth).

In his role as a local Minister, John is very connected to the community at many levels across the Northern Beaches. Prior to becoming a Minister, John was in the public accountancy sector, running his own firm on the Northern Beaches for over 20 years. He is married to Joanna and has four children who have all attended local schools.



Robyn Stubbs Board Member

Robyn Stubbs is a

Board Director and

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Cheryl has worked for over thirty years as an employee and consultant in Human Resources, Learning and Development and Organisational Development. Her work has been within multinationals in Australia, Hong Kong and the UK predominantly in the Engineering sector. She is a graduate of Business and has an MSc in Organisational Psychology from the university of London. She is a TCS at LLNB and Chairperson of the Board of LLNB

..... Roger was appointed to the Lifeline Northern Beaches Board in September 2012, having previously served as a member of the book committee for a number of years. He is presently Treasurer and Chair of the Finance Committee. Roger's career experience includes senior management roles in the manufacturing and engineering industries. In the not for profit sector, he has been a director of the Australian Institute of Export (NSW) and is presently Community Services Director of Balgowlah Rotary. He has a degree in engineering and is a graduate and past fellow of the Australian Institute of **Company Directors**

Bob is an active member of the Lifeline Northern Beaches team with a passion for helping people find the strength to help themselves. Starting out as a **Telephone** Crisis Supporter in 2010, Bob has extended his involvement to include training our new TCS volunteers as well as taking our Crisis Support experience out to the community through the LLNB Training Services Team. Bob is also on the LLNB Board and plays an active role in engaging with our sponsors. In his spare time, Bob enjoys gardening, bush walking and ocean racing kayaks.

Executive Coach working across a diverse range of industry sectors, teams and individuals. Drawing on a successful 25+ year career as a senior executive in large, complex organisations, including Stockland and Lend Lease, Robyn currently sits on the Board of LLNB, Harness Racing NSW and the ASX-Listed Aventus Property Group. She also provides premium coaching, facilitation and leadership development services through Executive Coaching International (ECI).



Brian Lees Board Member



David Hunter Board Member

With qualifications in Economics, Accounting, IT and Business Administration Brian ran a number of successful Management Consulting Companies. As a longtime resident and member of **Balgowlah Uniting** Church, he joined the LLNB Board in 2013 where as a member of the finance team he has worked to provide a sustainable future for the organisation. Over the past year he has lead a Team from the National Office and other Centers to develop a more streamlined operating model for Lifeline.

David Hunter joined the Board in 2007/2008 and completes his tenure at this AGM. Although retiring, David will continue his involvement in the Book Room and with Book Fairs.



Barry Williams Board Member

1971 joined Life Line Ballarat as foundation Telephone Counsellor, became Referral Officer, Board Member, Co-ordinator Recruitment and Selection, Training, ongoing training and support, a total of ten very rewarding, challenging years which assisted me throughout my business career. Board member of Hobart LL.

2006 joined Life Line Northern Beaches as a Bookie, the Board, 2007, Chairman 2008, transitioning Board of Management to Board of Governance, purchased a warehouse debt free, made significant contributions to Lifeline Australia, and achieving call rate at the high end.:

Uniting Church member, Senior Associate of the Australian and New Zealand Institute of Insurance and Finance.



lan Farmer Board Member

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lan joined LLNB in 2015 as a Telephone **Crisis Support** volunteer, and as a weekly support volunteer for the warehouse and delivery team. Ian joined the Board in June 2016, and the **Finance Committee** in July 2016, and continues with his TCS and warehouse activities. lan brings to the Board financial, risk and commercial experience obtained through a range of local and international roles over a 30 year career with a major accounting and consulting firm.



Dee Robins Board Member

Dee has been a member of the Board of Lifeline Northern Beaches since September 2012 and is currently Deputy Chairperson. She is the Chair of the Grievance Committee and is a member of the Fundraising Committee. Dee has been a Telephone Counsellor for 8 years and is also an ISS (In Shift Support) Supervisor. She is also involved as a Mentor with the training of new students as Telephone Counsellors, and continues to offer support while they are on probation.

Her major career experience includes 10 years with Telstra Payphone Services, 5 years in Real Estate Sales Support and 4 years managing Temp Staff for a recruitment agency. Dee has a BA from Sydney Uni. a Cert. IV in Telephone Counselling and a Cert IV in Workplace Training & Assessment.

Treasurer's Report

Report 2015-2016

The past year has seen solid gains on a number of fronts, yielding a surplus of \$165,254, which more than offset the small losses in each of the previous three years. This result was achieved through a 10% improvement in sales, so doubling the contribution from our seven retail shops, a 20% increase in income from both book fairs and training fees, and expenses that were held to below those of the previous year. These gains enabled continuation, albeit at a reduced level, of the paid late night 131114 service for which temporary grant funding had been provided in the previous year. Revenues from fundraising events and donations remained relatively unchanged.

Overall cash reserves rose by \$386,000, largely due to the combination of the year's surplus and an increase in the value of grants received and held as prepayments for services to be delivered in the coming year.

The past year has seen **solid gains** on a number of fronts

Some 65% of the direct and related administration costs of providing our telephone and other counselling services are funded by government grants. It is therefore essential that Lifeline Northern Beaches continues to build its reserves and so provide for any unforseen downturn in these funding sources, as well as to invest in expanding our services to the community.

To this end, it is especially important that we acknowledge the successful efforts by our management, staff and volunteers over the past year in strengthening our retail network and training services, developing a comprehensive fundraising strategy and initiating larger and more comprehensive book fairs.

Finally, I would especially like to thank our CEO and previous Treasurer, David Thomas who, together with Finance Manager, Sarah Watts, have been instrumental in achieving our much improved financial position. I would also like to thank fellow board members Brian Lees and John Barker for their contributions as members of the board Finance Committee, and to welcome Ian Farmer, who replaces John and who brings with him his great depth of professional and financial expertise.

Roger Gray

Treasurer



How we fund the operation:



Lifeline Northern Beaches Incorporated ABN 20 525 079 849

Board Report

Your board members submit the financial report of Lifeline Northern Beaches Incorporated for the financial year ended 30 June 2016.

Board Members

The names of board members throughout the year and to the date of this report are:

- Cheryl Walmsley (Chair)
- Dee Robbins (Deputy Chair)
- Roger Gray (Treasurer)
- Bob Talas (Secretary)
- John Barker
- David Hunter

- Brian Lees
- Bruce Miller (resigned Feb 16)
- Robyn Stubbs
- David Thomas (resigned March 16)
- Barry Williams
- Eric Wilson (resigned May 16)

Principal Activity

The principal activity of the entity during the financial year was providing 24 hour telephone counselling and related services in the local community.

Significant Changes

No significant change in the nature of the activities occurred during the year.

Operating Results

The surplus for year amounted to \$165,254 (2015: Deficit of \$5,163).

Signed in accordance with a resolution of the Members of the Board.

Surgers

Cheryl Walmsley Chair

Dated this 6 day of Sept 2016

Roger Gray Treasurer

Dated this 6 th day of Sept 2016

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHESIVE INCOME FOR THE YEAR ENDED 30 JUNE 2016

NC	2016 DTE \$	2015 \$
REVENUE		
Bookfair	170,940	141,340
Donations & Bequests	39,238	20,505
Fundraising	127,780	116,923
Grants	602,506	739,058
Personal Counselling	12,930	7,684
Retail Operations	1,789,733	1,622,179
Other Income	40,752	66,277
Interest Received	5,305	8,342
Training	115,074	70,680
^c	2,904,258	2,792,988
EXPENDITURE Affiliations	16,718	15,922
Assets under \$1,000	6,158	8,128
Bookfair Expenses	27,624	5,497
Catering Events	11,960	3,705
Consultants	29,533	18,353
Depreciation and amortisation	48,007	45,561
Electricity	54,910	52,417
Employee Benefits Expense	1,812,328	1,973,461
Insurance	19,327	6,850
Legal Fees	20,000	16,565
Other Expenses	117,206	114,967
Printing & Stationery	23,501	21,361
Rent	392,495	385,123
Repairs & Maintenance	25,204	22,832
Rubbish Removal	67,181	51,773
Telephone	14,219	17,304
Vehicle Expenses	5,669	4,139
Volunteer Expenses	46,964	34,193
	2,739,004	2,798,151
Current Year Surplus Before Income Tax		
Income Tax Expense	-	
Net Current Year Surplus	165,254	(5,163)
Other Comprehensive Income		
Items that will not be reclassified to profit or loss:	-	-
Gain on revaluation of building, net of tax	-	-
Other comprehensive income for the year	-	
Total comprehensive income attributable to members of the entity	165,254	(5,163)

Lifeline Northern Beaches Incorporated ABN 20 525 079 849

STATEMENT OF FINACIAL POSITION FOR THE YEAR ENDED 30 JUNE 2016

	NOTE	2016 \$	2015 \$
CURRENT ASSETS			
Cash and Cash Equivalents	3	734,954	348,946
Trade and Other Receivables	4	23,952	81,913
Net GST	5	1,251	1,822
TOTAL CURRENT ASSETS	-	760,157	432,681
NON-CURRENT ASSETS			
Deposits	6	30,290	29,790
Property, Plant and Equipment	7	2,017,940	2,047,730
TOTAL NON-CURRENT ASSETS	-	2,048,230	2,077,520
TOTAL ASSETS	-	2,808,387	2,510,201
	-	_,,.	
CURRENT LIABILITIES			
Trade and Other Payables	8	212,732	71,687
Employee Provisions	9	90,795	104,505
TOTAL CURRENT LIABILITIES	-	303,527	176,192
NON-CURRENT LIABILITIES			
Employee Provisions	9	40,367	34,770
TOTAL NON-CURRENT LIABILITIES	-	40,367	34,770
TOTAL LIABILITIES	-	343,894	210,962
	_		
NET ASSETS	-	2,464,493	2,299,239
EQUITY			
Asset Revaluation Reserve		676,124	676,124
Retained Earnings	14	1,788,369	1,623,115
TOTAL EQUITY	-	2,464,493	2,299,239
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STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2016

	Revaluation Surplus \$	Retained Surplus \$	Total Equity \$
Balance at 1 July 2014	676,124	1,628,278	2,304,401
Comprehensive income Net surplus for the year Other comprehensive income for the year		(5,163)	(5,163)
Total comprehensive income	676,124	1,623,115	2,299,239
Other transfers Transfer from//to general reserves			
Total other transfers		-	
Balance at 30 June 2015	676,124	1,623,115	2,299,239
Comprehensive income Net surplus for the year Other comprehensive income for the year - Gain on revaluation of building		165,254	165,254
Total comprehensive income		165,254	165,254
Other transfers Transfer from//to general reserves			
Total other transfers			
Balance at 30 June 2016	676,124	1,788,369	2,464,493

For a description of reserves refer to note 14.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2016

	NOTE	2016 \$	2015 \$
CASH FLOW FROM OPERATING ACTIVITIES			
Receipts from shops, fundraising and donations		2,301,752	2,044,849
Receipt of grants		602,506	739,058
Payments to suppliers and employees Distributions received		(2,535,639)	(2,847,342)
Interest received		5,304	9,081
Net cash provided by operating activities	-	373,923	(54,354)
CASH FLOW FROM INVESTING ACTIVITIES			
Payment for term deposit		5,291	6,713
Payments for property, plant & equipment Proceeds from the sale of property plant & equipment		(17,376)	(30,483)
Net cash used in investing activities	-	12,085	23,770
Not increase (decrease) in each hold		200.000	
Net increase (decrease) in cash held	0	386,008	(30,584)
Cash and cash equivalents at the beginning of the financial year	3_	348,946	379,530
Cash and cash equivalents at the end of the financial year	3	734,954	348,946

1 Statement of Significant Accounting Policies

Basis of Preparation

Lifeline Northern Beaches Incorporated applies the Australian Accounting Standards – Reduced Disclosure Requirements as set out in AASB 1053: *Application of Tiers of Australian Accounting Standards* and AASB 2010-2: *Amendments to Australian Accounting Standards arising from Reduced Disclosure Requirements*.

The financial statements are general purpose financial statements that have been prepared in accordance with Australian Accounting Standards – Reduced Disclosure Requirements of Australian Accounting Standards Board (AASB), *Associations Incorporation Act 2009* and the *Australian Charities and Not-for-profits Commission Act 2012.* The association is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.

Australian Accounting Standards set out accounting policies that the AASB has concluded would result in financial statements containing relevant and reliable information about transactions, events and conditions. Material accounting policies adopted in the preparation of this financial report are presented below and have been consistently applied unless stated otherwise.

The financial statements, except for the cash flow information, have been prepared on an accruals basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

The financial statements were authorised for issue on 6 September 2016 by the members of the committee.

Accounting policies

(a) Income Tax

The association is exempt from income tax under Division 50 of the Income Tax Assessment Act 1997.

(b) Revenue

Non-reciprocal Grant revenue is recognised in the statement of comprehensive income when the association obtains control of the grant and it is probable that the economic benefits gained from the grant will flow to the association and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before it is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the association incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Revenue from the sale of goods is recognised at the point of delivery as this corresponds to the transfer of significant risks and rewards of ownership of the goods and the cessation of all involvement in those goods.

Interest revenue is recognised using the effective rate method, which for floating rate financial assets is the rate inherent in the instrument.

All revenue is stated net of the amount of goods and services tax (GST).

(c) Inventories

Inventories are measured at the lower of cost and net realisable value.

(d) Property, Plant and Equipment

Each class of Property, Plant and Equipment is carried at cost or fair value as indicated less, where applicable, any accumulated depreciation and impairment losses.

Freehold property

Freehold buildings are shown at their fair value based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings.

In periods when the freehold buildings are not subject to an independent valuation, the directors conduct directors' valuations to ensure the carrying amount for the buildings is not materially different to the fair value.

Increases in the carrying amount arising on revaluation of buildings are recognised in other comprehensive income and accumulated in the revaluation surplus in equity. Revaluation decreases that offset previous increases of the same class of assets shall be recognised in other comprehensive income under the heading of revaluation surplus. All other decreases are recognised in profit or loss.

Any accumulated depreciation at the date of the revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset.

Plant and equipment

Plant and equipment are measured on the cost basis and are therefore carried at cost less accumulated depreciation and any accumulated impairment losses. In the event the carrying amount of plant and equipment is greater than the estimated recoverable amount, the carrying amount is written down immediately to the estimated recoverable amount and impairment losses are recognised either in profit or loss or as a revaluation decrease if the impairment losses relate to a revalued asset. A formal assessment of recoverable amount is made when impairment indicators are present.

Depreciation

The depreciable amount of all fixed assets including buildings, excluding land is depreciated on a straight line basis over the asset's useful life to the entity commencing from the time the asset is held ready for use.

Assets purchased with a value of less than \$1,000 are fully depreciated in their first year of use.

The depreciation rates used for each class of depreciable assets are:

Class of Fixed Asset	Depreciation Rate
Buildings and Improvements	2.5%
Furniture, Fixtures and Fittings	10%
Shop & Office Equipment	10%
Computers	33.30%
Photocopier	20%

The assets' residual values and useful lives are reviewed and adjusted, if appropriate, at the end of each reporting period.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's

carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are included in the statement of comprehensive income.

(e) Financial Instruments

Initial recognition and measurement

Financial assets and financial liabilities are recognised when the entity becomes a party to the contractual provisions of the instruments. For financial assets, this is equivalent to the date that the entity commits itself to either purchase or sell the asset (ie trade date accounting). Financial instruments are initially measured at fair value plus transaction costs except where the instrument is classified 'at fair value through profit and loss', in which case transaction costs are expensed to profit and loss immediately.

Classification and subsequent measurement

Financial instruments are subsequently measured at fair value, amortised cost using the effective interest rate method or cost. Fair value represents the amount for which an asset could be exchanged or a liability settled, between knowledgeable, willing parties. Where available, quoted prices in an active market are used to determine fair value. In other circumstances, valuation techniques are adopted.

Amortised cost is the amount at which the financial asset or financial liability is measured at initial recognition less principal repayments and any reduction for impairment and adjusted for any cumulative amortisation of the difference between the initial amount and the maturity amount calculated using the effective interest method.

Financial assets at fair value through profit or loss

Financial assets are classified at "fair value through profit or loss" when they are held for trading for the purpose of short-term profit taking, where they are derivatives not held for hedging purposes, or when they are designated as such to avoid an accounting mismatch or to enable performance evaluation where a group of financial assets is managed by key management personnel on a fair value basis in accordance with a documented risk management or investment strategy. Such assets are subsequently measured at fair value with changes in fair value (ie gains and losses) being recognised in profit or loss.

Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market and are subsequently measured at amortised cost.

Held-to-maturity investments

Held-to-maturity investments are non-derivative financial assets that have fixed maturities and fixed or determinable payments, and it is the entity's intention to hold these investments to maturity. They are subsequently measured at amortised cost.

Available-for-sale financial assets

Available-for-sale financial assets are non-derivative financial assets that are either not capable of being classified into other categories of financial assets due to their nature, or they are designated as such by management. They comprise investment in the equity of other entities where there is neither a fixed maturity nor fixed or determinable payments.

They are subsequently measured at fair value with changes in such fair value (ie gains or losses) recognised in other comprehensive income (except for impairment losses and foreign exchange gains and losses). When the financial asset is derecognised, the cumulative gain or loss pertaining to that asset previously recognised in other comprehensive income is reclassified

into profit and loss.

(e) Financial Instruments (continued)

Financial liabilities

Non-derivative financial liabilities (excluding financial guarantees) are subsequently measured at amortised cost.

Impairment

At the end of each reporting period, the entity assesses whether there is objective evidence that a financial instrument has been impaired. In the case of available-for-sale financial instruments, a prolonged decline in the value of the instrument is considered to determine whether impairment has arisen. Impairment losses are recognised in the profit or loss. Also, any cumulative decline in fair value previously recognised in other comprehensive income is reclassified to profit or loss at this point.

Derecognition

Financial assets are derecognised where the contractual rights to receipt of cash flows expires or the asset is transferred to another party whereby the entity no longer has any significant continuing involvement in the risks and benefits associated with the asset. Financial liabilities are derecognised where the related obligations are either discharged, cancelled or expire. The difference between the carrying value of the financial liability which is extinguished or transferred to another party and the fair value of consideration paid, including the transfer of non-cash assets or liabilities assumed, is recognised in profit or loss.

(f) Impairment of Assets

At each reporting date, the association assesses whether there is any indication that an asset may be impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the Income Statement.

Where it is not possible to estimate the recoverable amount of an individual asset, the association estimates the recoverable amount of the cash-generating unit to which the asset belongs.

(g) Critical accounting estimates and judgments

The entity evaluates estimates and judgments incorporated into the financial statements based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the entity.

Key estimates – Impairment

The entity assesses impairment at each reporting date by evaluating conditions specific to the entity that may lead to impairment of assets. When an impairment trigger exists, the recoverable amount of the asset is determined. Fair value less costs to sell or current replacement cost calculations performed in assessing recoverable amounts incorporated a number of key estimates.

(h) Trade and other payables

Trade and other payables represent liabilities for goods and services received by the company during the reporting period that remain unpaid at the end of the reporting period. The balance is recognised as a current liability.

(i) Employee Benefits

Short-term employee benefits

Provision is made for the association's obligation for short-term employee benefits. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly within 12 months after the end of the annual reporting period in which employees render the related service, including wages, salaries and sick leave. Short-term employee benefits are measured at the (undiscounted) amounts expected to be paid when the obligation is settled.

The association's obligation for short-term employee benefits such as wages and salaries are recognised as part of current trade and other payables in the statement of financial position.

Other long-term employee benefits

Provision is made for employees' long service leave and annual leave entitlements not expected to be settled wholly within 12 months after the end of the annual reporting period in which the employee render the related service. Other long-term employee benefits are measured at the present value of the expected future payments to be made to employees. Upon the remeasurement of obligations for other long-term employee benefits, the net change in the obligation is recognised in profit or loss classified under employee benefits expense.

The association's obligations for long-term employee benefits are presented as non-current liabilities in its statement of financial position, except where the entity does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current provisions.

(j) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at-call with banks, other shortterm highly liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities on the statement of financial position.

(k) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities, which are recoverable from or payable to the ATO, are presented as operating cash flows included in receipts from customers or payments to suppliers.

(I) Comparative Figures

Where required by Accounting Standards, comparative figures have been adjusted to conform with changes in presentation for the current financial year.

(m) Fair value of Assets and Liabilities

The entity measures some of its assets and liabilities at fair value on either a recurring or nonrecurring basis, depending on the requirements of the applicable Accounting Standard.

"Fair value" is the price the entity would receive to sell an asset or would have to pay to transfer a liability in an orderly (ie unforced) transaction between independent, knowledgeable and willing market participants at the measurement date.

As fair value is a market-based measure, the closest equivalent observable market pricing information is used to determine fair value. Adjustments to market values may be made having regard to the characteristics of the specific asset or liability. The fair values of assets and liabilities that are not traded in an active market are determined using one or more valuation techniques. These valuation techniques maximise, to the extent possible, the use of observable market data.

To the extent possible, market information is extracted from the principal market for the asset or liability (ie the market with the greatest volume and level of activity for the asset or liability). In the absence of such a market, market information is extracted from the most advantageous market available to the entity at the end of the reporting period (ie the market that maximises the receipts from the sale of the asset or minimises the payments made to transfer the liability, after taking into account transaction costs and transport costs).

For non-financial assets, the fair value measurement also takes into account a market participant's ability to use the asset in its highest and best use or to sell it to another market participant that would use the asset in its highest and best use.

The fair value of liabilities and the entity's own equity instruments (if any) may be valued, where there is no observable market price in relation to the transfer of such financial instrument, by reference to observable market information where such instruments are held as assets. Where this information is not available, other valuation techniques are adopted and, where significant, are detailed in the respective note to the financial statements.

		2016 \$	2015 \$
2	Surplus		
	Revenues		
	Government and other grants	602,506	739,058
	Expenses Depreciation	48,007	45,561
3	Cash and cash equivalents		
	Petty cash	1,550	1,650
	Cash at bank	610,403	229,086
	Bank guarantee term deposit	30,369	25,578
	Term deposits	92,632	92,632
		734,954	348,946
	follows: Cash and cash equivalents	734,954	348,946
4	Trade and other receivables		
	Current		
	Trade Debtors	20,717	75,250
	Less Provision for impairment	- 20,717	
			-
	Propaid Insurance		- 75,250
	Prepaid Insurance Reimbursement ERE	3,235	-
	Prepaid Insurance Reimbursement ERF	3,235	6,663
	-	3,235 	6,663 81,913
	-	3,235	6,663
5	-	3,235 	- 6,663 81,913
5	Reimbursement ERF	3,235 	6,663 81,913 81,913
5	Reimbursement ERF GST	3,235 	- 6,663 81,913 81,913 (20,8720,8 22,694
5	Reimbursement ERF GST Collected	3,235 	- 6,663 81,913 81,913 (20,87 (2)),8
5	Reimbursement ERF GST Collected GST Paid	3,235 	- 6,663 81,913 81,913 (20,8720,8 22,694

	2016 \$	2015 \$
7 Property, plant and equipment		
Land and buildings		
Freehold Land – at valuation	900,000	900,000
310 Sydney Road Buildings – at cost	865,675	861,796
Accumulated depreciation	(339,068)	(315,319)
	526,607	546,477
2/267 Harbord Road Building – at cost	538,665	538,665
Accumulated depreciation	(40,727)	(33,921)
	497,938	504,744
Total land and buildings	1,924,546	1,951,221
Plant and equipment		
Plant and equipment – at cost	252,147	238,560
Accumulated depreciation	(158,753)	(142,051)
	93,394	96,509
Total property, plant and equipment	2,017,940	2,047,730

Movements in carrying amounts

Movement in carrying amounts for each class of property, plant and equipment between the beginning and end of the current financial year

	Land & buildings \$	Plant and equipment \$	Total \$
Balance at beginning of year Additions Disposals Revaluation increment	1,951,221 3,879	96,509 13,587	2,047,730 17,466
Depreciation expense	(30,555)	(16,702)	(47,257)
Carrying amount at the end of year	1,924,546	93,394	2,017,940

Sydney Road building held by the entity was valued to be \$1,470,000 by an independent valuer on 14 March 2014. The fair value of the land was determined to be \$900,000.00. Harbord Road building held by the entity was valued to be \$530,000 by an independent valuer on 18 July 2014. The directors have determined at balance date that this value is still current.

	2016 \$	2015 \$
8 Trade and other payables		
Current		
Trade Creditors	8,743	4,990
Other Creditors and Accruals	35,666	4,880
Superannuation	34,850	43,834
Group Tax	11,078	16,970
Unexpended Grants	122,395	20
Staff Benefits		993
Financial Liabilities as Trade and Other Payables	212,732	71,687
9 Provision for employee benefits		
Current		
Annual Leave	90,795	104,505
Long Service Leave		
	90,795	104,505
Non-Current		
Long Service Leave	40,367	34,770
	40,367	34,770
Total provision for employee benefits	131,162	139,275
	Employee	
Analysis of total provisions:	provisions	Total
	\$	\$
Opening balance at 1 July 2015	139,275	84,299
Additional provision raised during the year	-	54,976
Amounts used	(8,113)	
Balance at 30 June 2016	131,162	139,275

2016	2015
\$	\$

9 Provision for Employee Benefits (continued)

Employee Provisions

Provision for employee benefits represents amounts accrued for annual leave and long service leave.

The current portion for this provision includes the total amount accrued for annual leave entitlements and the amounts accrued for long service leave entitlements that have vested due to employees having completed the required period of service. Based on past experience, the association does not expect the full amount of annual leave or long service leave balances classified as current liabilities to be settled within the next 12 months. However, these amounts must be classified as current liabilities since the entity does not have an unconditional right to defer the settlement of these amounts in the event employees wish to use their leave entitlement.

The non-current portion for this provision includes amounts accrued for long service leave entitlements that have not yet vested in relation to those employees who have not yet completed the required period of service.

The measurement and recognition criteria for employee benefits have been discussed in Note 1(i).

10 Operating Lease Commitment	s 2016 \$
Payable – minimum lease payme	nts:
 No later than12 months 	307,013
 Between 12 months and fiv 	e years 413,505
- Later than five years	-
	720,518

The property lease commitments are non-cancellable operating leases with varying terms, with rent payable monthly in advance.

Leases exist currently over shops in Cremorne, Dee Why, Forestville, Mona Vale, Avalon and Manly.

11 Events Subsequent to Reporting date

There have been no significant events subsequent to the reporting date.

			2016 \$	2015 \$
12	Related party transactions			
	Transactions between related parties are on normal comme and conditions no more favourable than those available to c unless otherwise stated.			
3	Financial risk management			
	The association's financial instruments consist mainly of de banks, short term investments and accounts receivable and			
	The carrying amounts for each category of financial instruments, measured in accordance with AASB 139 as detailed in the accounting policies to these financial statements are as follows:			
		Note		
	Financial Assets			
	Cash and cash equivalents	3	734,954	348,94
	Trade and other receivables	4	20,717	81,913
	Financial assets at fair value through profit or loss Total Financial Assets		- 755,671	430,85
	Total Fillancial Assets		755,071	430,03
	Financial liabilities			
	Financial liabilities at amortised cost			
	- Trade and other payables	9	212,734	71,68

		2016 \$	2015 \$
14	Reserves	2016	2015 چ
	Asset Revaluation Reserves	\$	\$
	Asset Revaluation Reserves	676,124	676,123
		676,124	676,123

Revaluation Surplus

The revaluation surplus records the revaluations of non-current asset where revaluations are deemed to represent profits of a permanent nature.

15	Fair Value Measurements	2016	2015
		\$	\$
	The entity has the following assets, as set out in the table below, that are measured at fair value on a recurring basis after initial recognition. The entity does not subsequently measure any liabilities at fair value on a recurring basis and has no assets or liabilities that are measured at fair value on a non-recurring basis.		
	Recurring fair value measurements		
	Property, plant and equipment		
	Freehold building	900,000	900,000

The fair value was based on an independent valuation performed on 14 March 2014 which used comparable market date for similar properties. The board have determined that at balance date the value remains current.

16 Information required to be furnished under the Charitable Fundraising Act, 1991 (NSW)

During the year Lifeline Northern Beaches received net income of \$114,968 from fundraising activities. The full amount of this has been applied towards the provision of services and the development of facilities.

Lifeline Northern Beaches Incorporated ABN 20 525 079 849

STATEMENT BY MEMBERS OF THE BOARD FOR THE YEAR ENDED 30 JUNE 2016

In the opinion of the board the financial statements as set out on pages 2 to 17:

- Present a true and fair view of the financial position of Lifeline Northern Beaches Incorporated as at 30 June 2016 and its performance for the year ended on that date in accordance with Australian Accounting Standards – Reduced Disclosure Requirements of the Australian Accounting Standards Board, requirements of Associations Incorporation Act 2009 and the Australian Charities and Not-for-profits Commission Act 2012.
- 2. At the date of this statement, there are reasonable grounds to believe that Lifeline Northern Beaches Incorporated will be able to pay its debts as and when they fall due.
- 3. Declaration in respect of Fundraising appeals
 - (i) The accounts give a true and fair view of all income and expenditure, and of the state of affairs of Lifeline Northern Beaches Inc. with respect to fundraising appeals;
 - (ii) The provisions of the Charitable Fundraising Act 1991 and the Regulations under that Act and the conditions attached to the authority to fundraise have been complied with; and
 - (iii) The internal controls exercised by lifeline northern Beaches Inc. are appropriate and effective in accounting for all income received and applied from any of its fundraising appeals.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

Shalms

Cheryl Walmsley Chair

Dated this 6th day of Sept 2016

Roger Grav Treasurer

Dated this the day of Sept 2016



ACCOUNTING SUPERANNUATION TAXATION AUDITING BUSINESS SERVICES

PRINCIPALS Christine Andrews CPA Glenn McEwen CA Lucas Quinlan CA

INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF LIFELINE NORTHERN BEACHES INCORPORATED

Report on the Financial Report

We have audited the accompanying financial report of Lifeline Northern Beaches Incorporated (the association) which comprises the statement of financial position as at 30 June 2016, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by members of the committee.

Committee's Responsibility for the Financial Report

The committee of the association is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the *Associations Incorporation Act 2009, Australian Charities and Not-for-profits Commission Act 2012* and for such internal control as the committee determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

THOMAS GLC ABN 24 738 839 322

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ACCOUNTING SUPERANNUATION TAXATION AUDITING BUSINESS SERVICES

PRINCIPALS Christine Andrews CPA Glenn McEwen CA Lucas Quinlan CA

INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF LIFELINE NORTHERN BEACHES INCORPORATED

Auditor's Opinion

In our opinion, the financial report of Lifeline Northern Beaches Incorporated is in accordance with the requirements of the Associations Incorporation Act 2009 and the Australian Charities and Not-for-profits Commission Act 2012 including:

- (i) giving a true and fair view of the association's financial position as at 30 June 2016 and of its performance for the year ended on that date; and
- (ii) complying with Australian Accounting Standards- Reduced Disclosure Requirements.
- Name of Firm:

Thomas GLC Chartered Accountants

Name of Partner:

Glenn McEwen

Address:

Hornsby

Dated this 7th day of September 2016

THOMAS GLC ABN 24 738 839 322

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Lifeline Northern Beaches Incorporated ABN 20 525 079 849

CERTIFICATE BY MEMBERS OF THE BOARD FOR THE YEAR ENDED 30 JUNE 2016

I, Cheryl Walmsley of 310 Sydney Road, Balgowlah 2093, and I, Roger Gray of

certify that:

- a) We are members of the board of Lifeline Northern Beaches Incorporated
- b) We attended the annual general meeting of the association.
- c) We are authorised by the attached resolution of the board to sign this certificate.
- d) This annual statement was submitted to the members of the association at its annual general meeting.

NSIMS

Cheryl Walmsley Chair

Dated this

6 Sept 2016

Roger Gray *⊂* Treasurer

Dated this

6 Sept 2016



Lifeline Northern Beaches volunteers support their community with energy, humour & genuine commitment

Services

- Suicide Crisis Support
- 24 hour Telephone Crisis

Support

- Financial Counselling
- Face- to-face Counselling
- Community Visitors Scheme
- Training



Our Balgowlah Administration Office

PO Box 681 Balgowlah New South Wales 2093

How can you help?

- ✓ Make a donation
- ✓ Volunteer your time
- ✓ Become a corporate supporter
- ✓ Help raise awareness
- Become involved in fundraising

Connect with us



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